

Patient Instructions: Caring for Your Temporary Restoration

Your temporary is made to last for at least a few months. This allows us to evaluate any potential problems prior to your final restoration.

Control Muscle Abuse

1. The Temporary Must Stay In Place

Your temporary is held in place with weak cement. Occasionally, it may loosen or come off before it should. If this happens, it may cause inflammation in the gums or the tooth may move and become sensitive. Any of these conditions may prevent timely placement of the final restoration

2. To Prevent Loosening

Be careful with biting and chewing foods. Avoid hard, tough, crunchy and/or sticky foods. Floss carefully. After introducing the floss between the teeth, merely pull the floss through the side. Avoid pulling up or down on the temporary.

3. What To Do If It Comes Off

Call us. We would like to recement it for you in a timely manner. If you cannot come in, replace the temporary with finger pressure or secure it with a small amount of denture adhesive such as Poli-Grip or Fixodent.

4. The Tissue Around Your Temporary Must Be Kept Very Clean And Healthy

Flossing and brushing are the most important things you can do to insure good tissue health.

5. Normal Expectations

- Some tenderness
- Some soreness, but only a few days. Please call us if you experience any conditions that in your opinion seem to be out of the ordinary.