

Caring For Your Denture

Patient Instructions

Your beautiful new denture has been hand crafted to look as natural as possible.

The individual colors in the gums will last if you properly care for them.

Storage

To avoid warping, your denture should always be stored in water when not in your oral cavity.

Adhesives

Denture adhesives can improve the retention and stability of your denture and reduce the accumulation of food particles beneath your denture.

- Use three or four pea-sized dollops on each denture; if you begin to require an increasing amount of adhesive to maintain the same level of retention, please make an appointment to evaluate the fit and stability of your denture.
- Completely remove denture adhesives from your denture and your oral cavity on a daily basis.

Daily Care

1. Remove the bacterial biofilm and any residual adhesive from your oral cavity.
2. Remove the bacterial biofilm and any residual adhesive from your dentures by soaking* and brushing.
 - * *The Temperature should never exceed 122°F/50°C.*
 - * *To protect the colors, do not use bleaching products or any denture cleaners that contain bleach.*
 - a. Soak for 15 minutes in a solution of equal parts water and white vinegar. This will make hard calculus/tartar deposits soft enough to remove with a toothbrush.
 - b. Soak in an effective, nonabrasive denture cleanser, following the manufacturer's recommendations.

Denture cleaners should **ONLY** be used outside of the mouth.
Always thoroughly rinse after soaking and brushing with denture cleanser before reinserting your denture into your mouth.
3. For the health of your oral cavity, wear your denture less than 24 hours continuously.

Additional Care

Occasionally, soak your denture overnight in a **cold** solution of equal parts water and white vinegar. This will remove stubborn stains while protecting your denture's color tones.

Yearly Recommendations

To minimize biofilm accumulation over time, bring your denture back to our office for an annual